



Little Shufflers XC Ski Program

The Dewey Mountain Youth Ski League's – Lil' Shufflers cross country ski program's main goal is to develop a lifelong love of skiing by introducing young skiers to Nordic skiing. Participants will become confident skiers through fun and games on skis and skill development exercises, while developing a strong group dynamic as part of the Saranac Lake Nordic team.

Program Description

Dewey Mountain Little Shufflers X-C Ski Program for ages 3-5

Wednesdays – 1:00PM – 2:45PM - a 6 week program starting January 9th, 2019

Led by Donna Walsh and Cary Hall, our Little Shufflers ski program will be split into outdoor and indoor time. The session will start with 30-45 minutes of ski time with parent or guardian and instructor. Our group will then move indoors for hot chocolate and snacks, and group activities. During this time parents/guardians are encouraged to enjoy the trails by themselves.

Cost for 6 week session = \$60.00

Looking for equipment for the season?

For those who do not own ski equipment, there is limited availability on season lease ski equipment on a first-come first-serve basis. Leased ski equipment will remain at Dewey Mountain Recreation Center unless signed out by user for off preiss use.

Cost for season ski equipment lease = \$20.00

"Despite all I have seen and experienced, I still get the same simple thrill out of glimpsing a tiny patch of snow in a high mountain gully and feel the same urge to climb towards it."

Edmund Hillary

Skier Registration Sheet

Participant's name _____
Participant's age _____ Date of Birth ____/____/____
School _____
Parent's name _____
Address _____
City _____ State _____ Zip _____
Home phone _____ Cell phone _____
Email address _____

Emergency contact #1 _____
Home phone _____
Cell phone _____
Can this person pick-up your child _____

Emergency contact #2 _____
Home phone _____
Cell phone _____
Can this person pick-up your child _____

Payment options

Full Payment enclosed () Cash () Check*
Please make checks payable to **ALTO-Dewey Mountain*

Full payment must be received by December 1 to secure your spot

Payments can be mailed to
DMYSL
c/o Adirondack Lakes & Trails Outfitters
541 Lake Flower Ave
Saranac Lake NY 12983

~Participation permission~

Participant's name

Date

Has my permission to participate in the Dewey Mountain Youth Ski League

Parent or legal guardian's signature

Date

Rental Equipment

Dewey Mountain has a limited quantity of both skate and classic ski equipment available for season lease.

Cost for season lease is \$20.00.

Yes I am interested_____

Skier's Name_____Age_____

Height_____ Weight_____ Shoe size _____

Skate_____ Classic _____

All equipment will remain at the Dewey Mountain Recreation Center unless otherwise agreed upon with management. Lessee and Management will inspect equipment at the beginning and the end of the skiing season. Lessee will be responsible for replacing or repairing lost or damaged equipment. DMYSL skier will responsible for making sure equipment is returned to it's proper place at the end of every lesson.

Parent signature

date

