

STORMIN the COURSE

Trail Run and Walk Entry Form

Saturday, August 8th, 2015

9:30 am

Dewey Mtn Rec Center

Saranac Lake, NY

Sponsored by:



Booster Club

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Class: Male ___ Female ___

Race: 5K mile Run / Walk ___ 10K Run ___

Age group: 12-19 ___ 20-29 ___ 30-39 ___ 40-49 ___ 50-59 ___ 60+ ___

Age: _____

Entry Fee:

_____ \$10 Pre-registration no shirt (Postmarked or delivered by 1 August 2015)

_____ \$15 Pre-registration with T-shirt for student-athletes

_____ \$20 Pre-registration with T-shirt

_____ \$15 Race Day Registration no shirt

_____ \$20 Race Day with T-shirt for student-athletes

_____ \$25 Race Day with T-shirts (while supplies last)

T-Shirt size: (circle one if purchasing a shirt) S, M, L, XL

Make checks payable to: "SL Red Storm Runners"

Send Pre-Registrations to: Joe Garso, 506 County Route 18, Lake Clear, NY 12945

Or drop off at: Adirondack Lakes and Trails Outfitters, 541 Lake Flower Ave, Saranac Lake, NY

OVER

Agreement and Release of Liability

In consideration of the acceptance of my entry in the Storm the Course Trail Run: I understand that running is a potentially hazardous activity which could cause injury or death. I should not enter and participate unless I am medically able and properly trained and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision by a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the trails, travel to and from the event, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Saranac Lake Cross Country Booster Club, the Saranac Lake Central School District, Dewey Mountain Recreation Center, Town of Harrietstown, Adirondack Lakes and Trails Outfitters, all race volunteers, and all sponsors, their representatives and successors from all claims and liabilities of any kind including any and all damage caused by negligence of any of them arising out of my participation in the event and its related activities together with any cost including any attorney's fees that may be incurred as a result of any such claim whether valid or not and releases each of them against any such claim that I or my guest or those listed above may have. I understand that there are no refunds regardless of the circumstances and that I must be present to receive any raffle prizes or awards that I may win. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

ENTRY SIGNATURE: _____ **Date:** _____

Parent's Signature (if under 18): _____ **Date:** _____

Emergency Contact: _____ **Phone** _____

Relevant Medical Condition _____